

# The LORD'S PRAYER



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## ***Martin Luther Home Society, Inc.***

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“This is how you are to pray . . .”

*Matthew 6:9*

# The LORD'S PRAYER

*Illustrations by  
Kristin McKeever*

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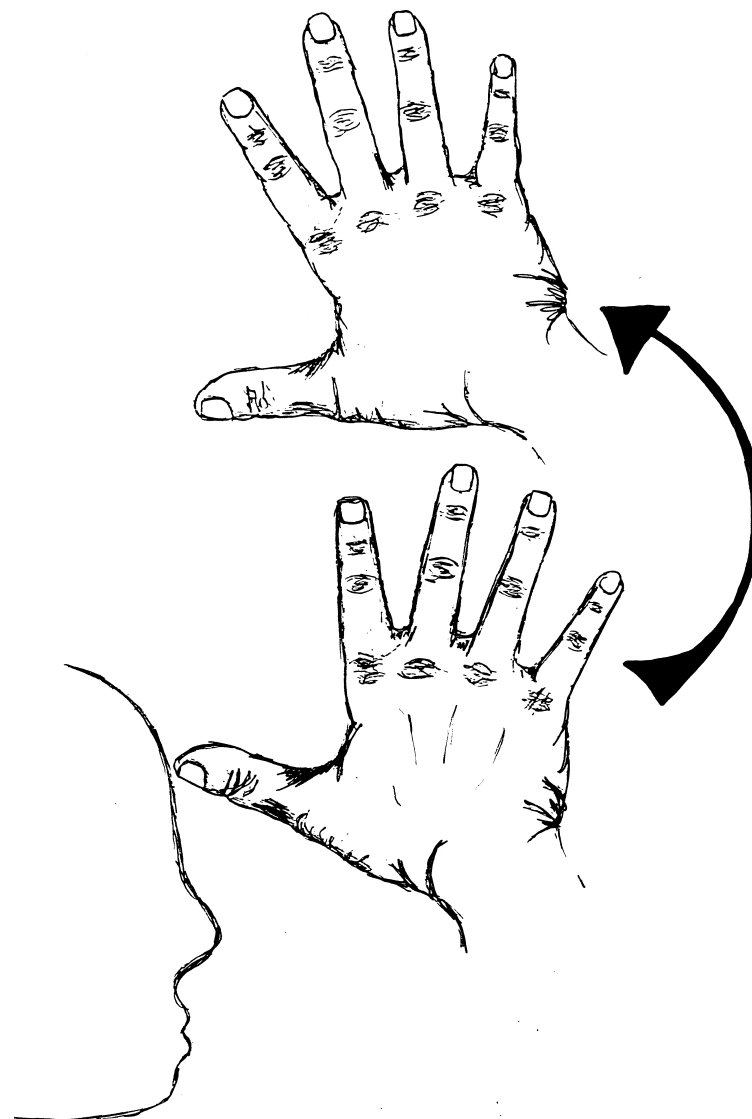
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Second Printing: July 2001.

*Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.*

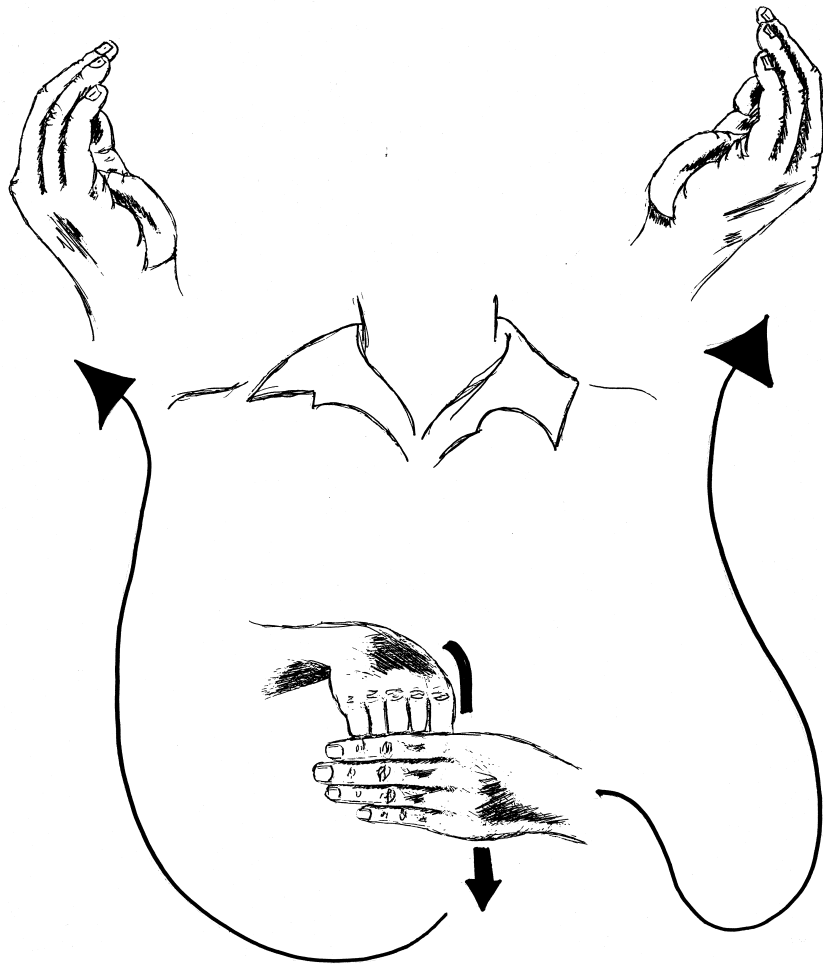
*Our Father,*



**Father —**

With right hand open, touch forehead with thumb,  
move hand above head.

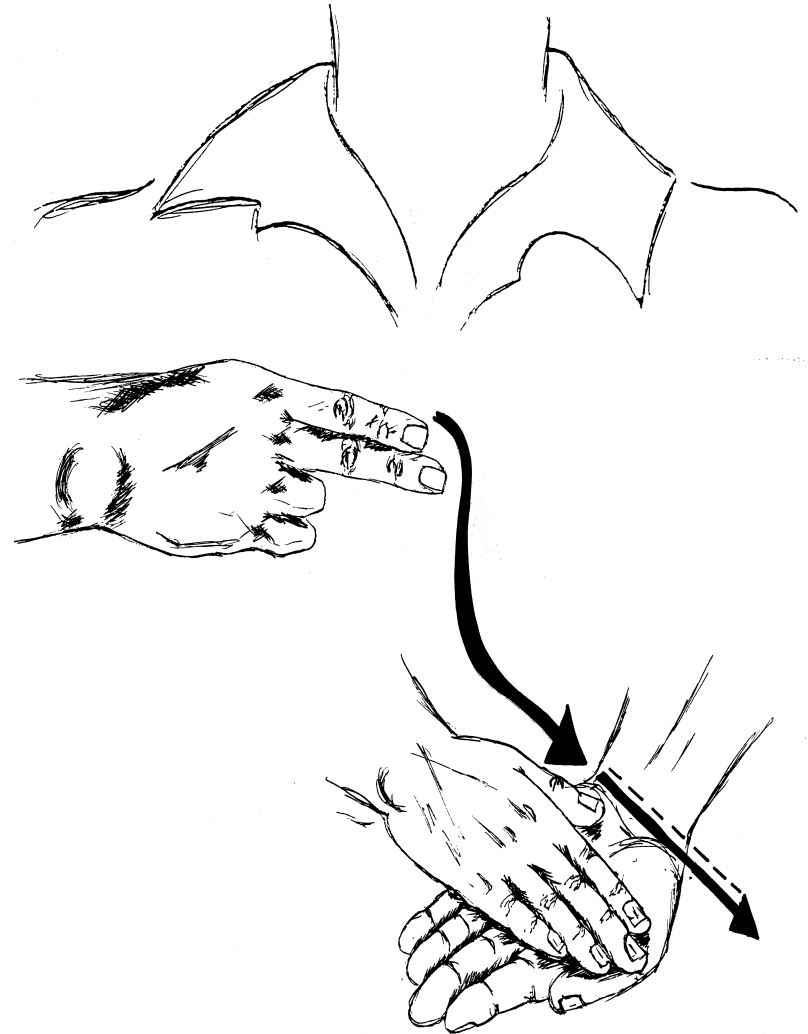
*who art in heaven,*



## **In heaven—**

Right hand slides behind left hand (in). Both hands sweep to side and above head (heaven).

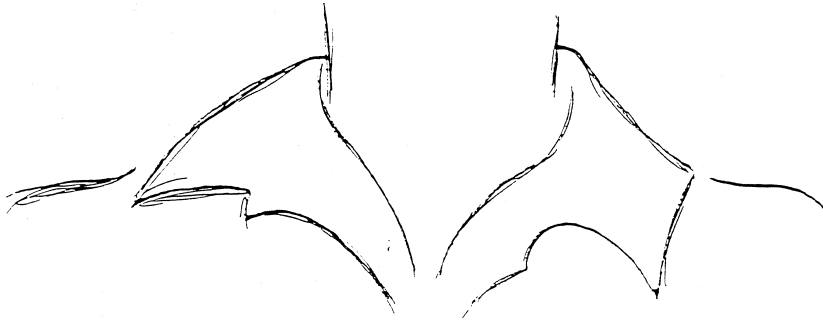
*hallowed*



## **Hallowed (holy)—**

Right hand with index and middle finger pointing moves down to open and sweep across open palm of left hand.

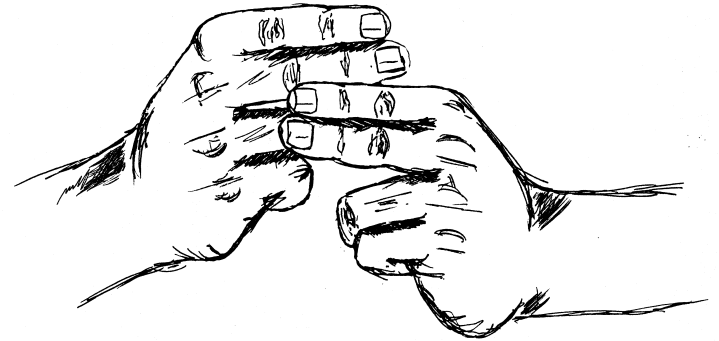
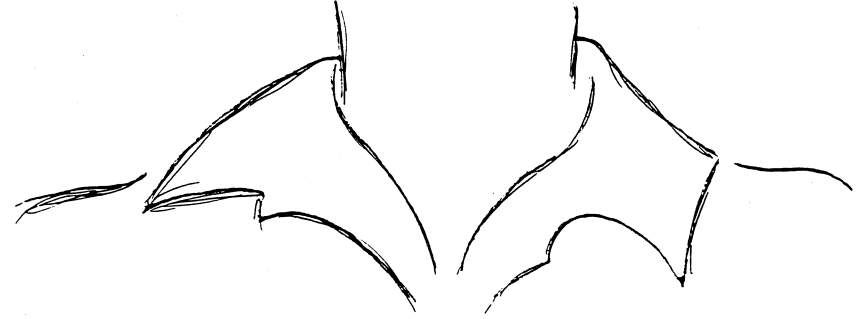
*be thy*



**Thy—**

Right hand open, palm forward about shoulder height.

*name,*



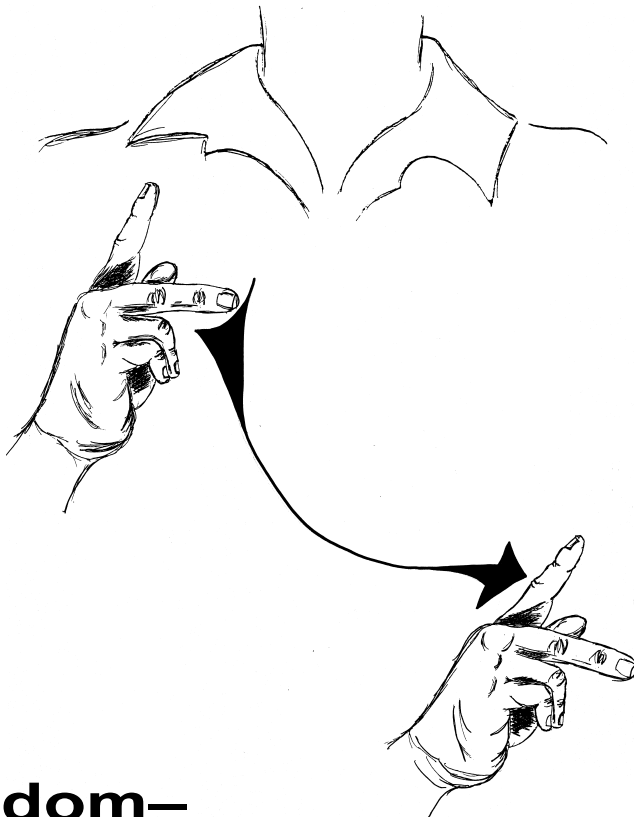
**Name—**

Extend index and middle fingers of both hands pointing to opposite sides; right hand above left and slightly behind left.

*thy kingdom*



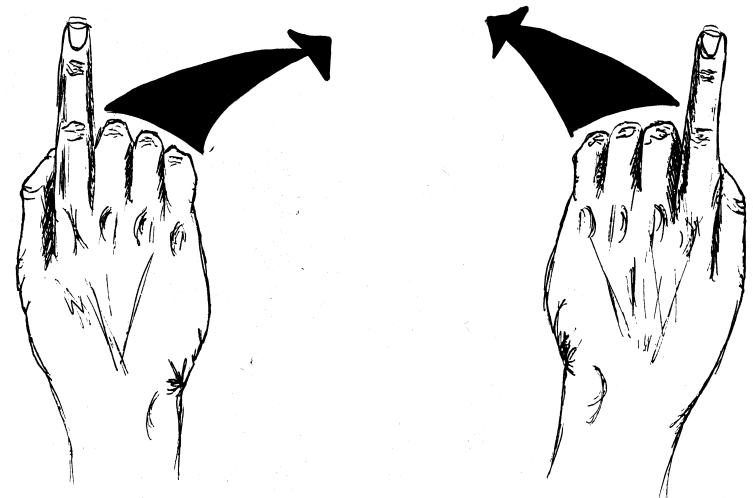
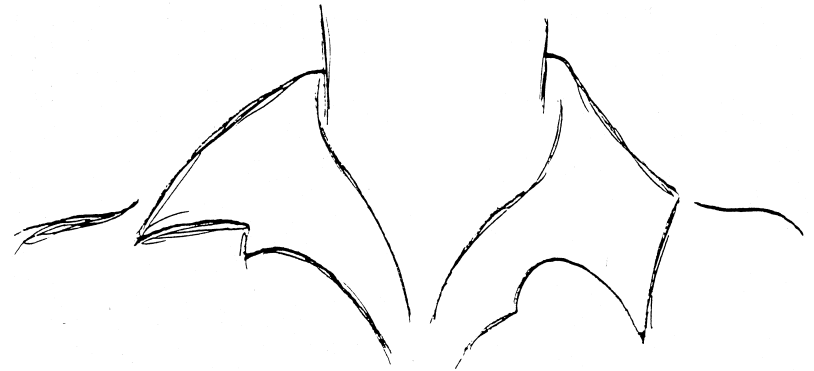
**Thy**— Right hand open, palm forward about shoulder height.



**Kingdom**—

Right hand in “K” position; move from right shoulder to waist level.

*come,*



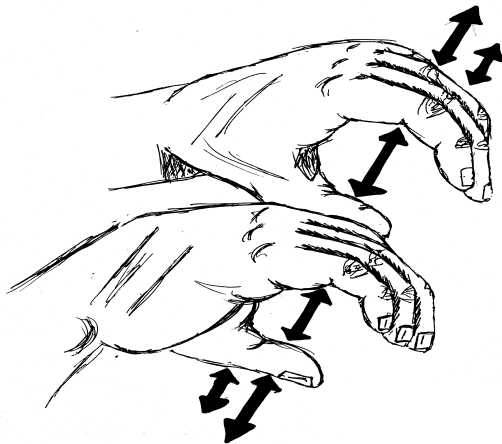
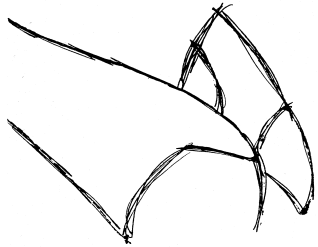
**Come**—

Both hands, index finger extended, palms toward body, move towards body.

*thy will be done,*



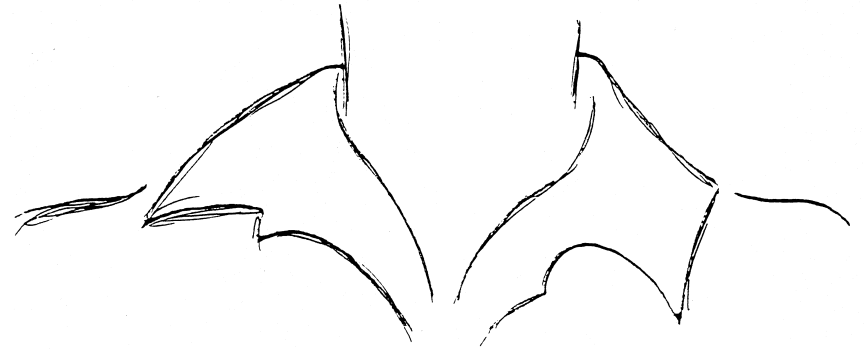
**Thy**— Right hand open, palm forward about shoulder height.



**Done**—

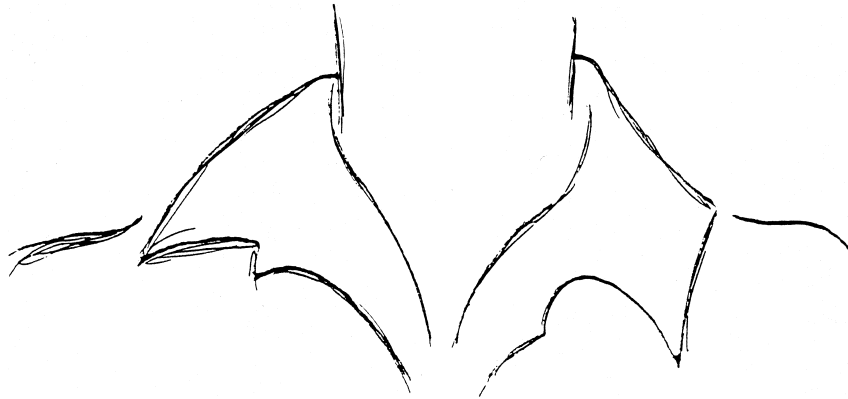
From “Thy” lower slightly cupped hands, palms down and move left and right.

*on*

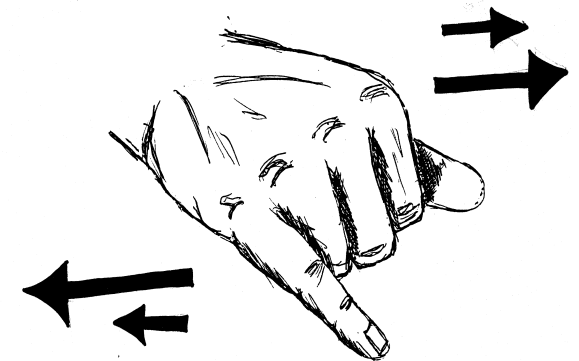
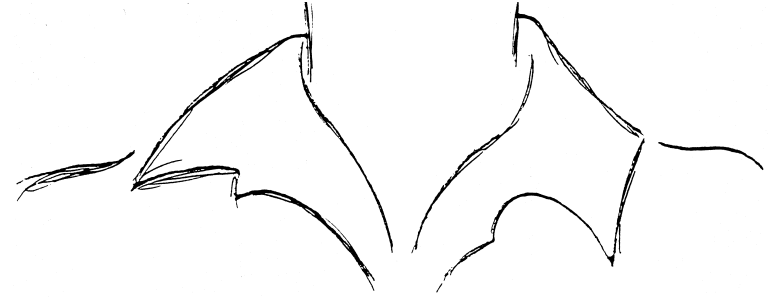


**On**—

Right hand, palm down, touches back of left hand.

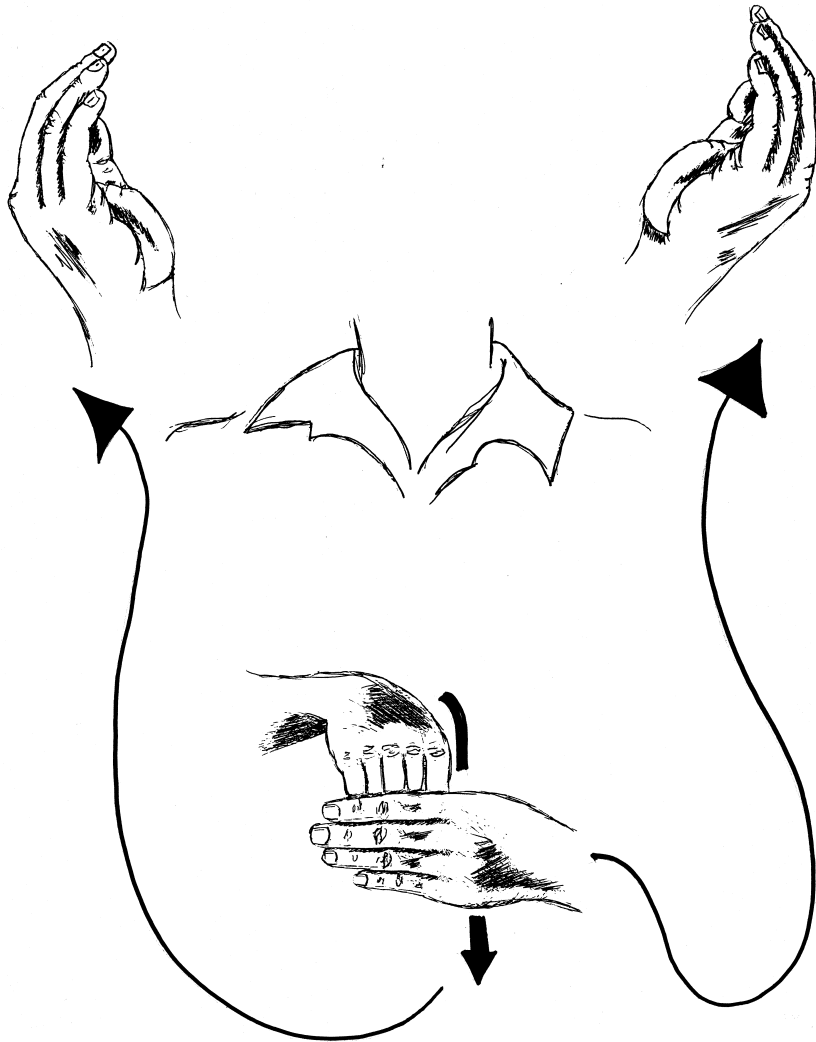
*earth***Earth—**

Round out the position for “On”.

*as it is***As it is (same)—**

Right hand clasped with little finger and thumb extended, moving left to right.

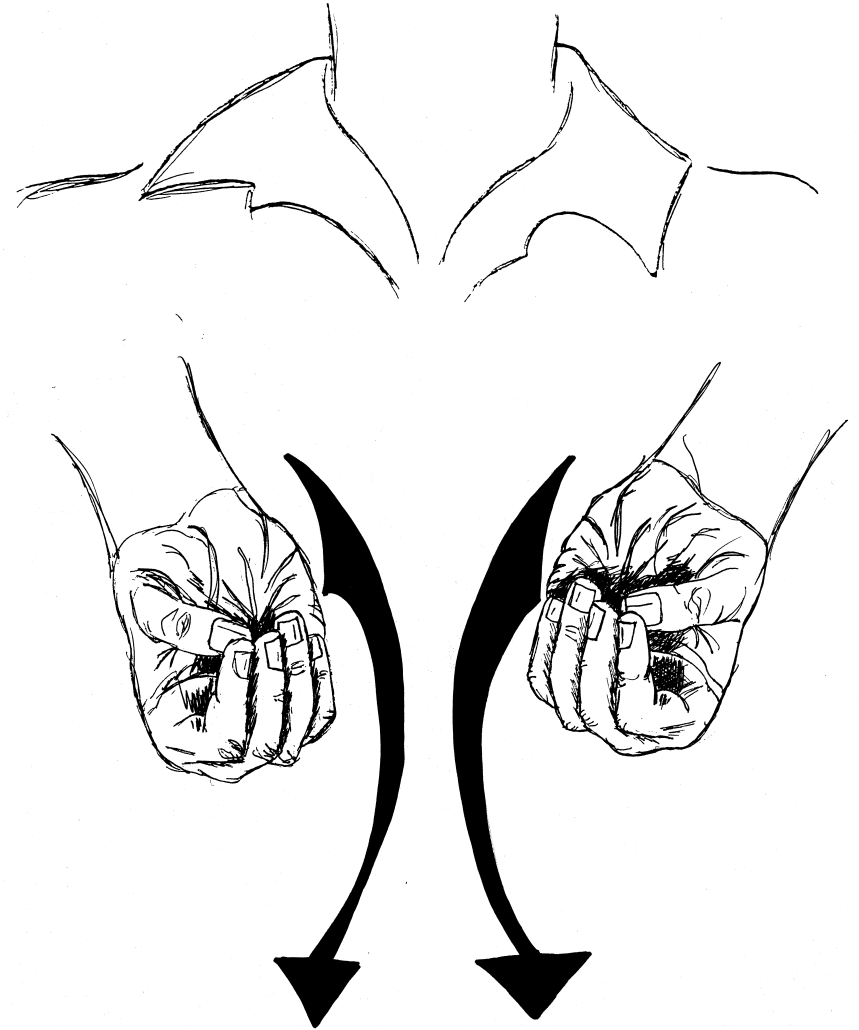
*in heaven.*



## Heaven—

Slide extended fingers of right hand behind left hand between thumb and fingers (in). Both hands sweep to side and above head (heaven).

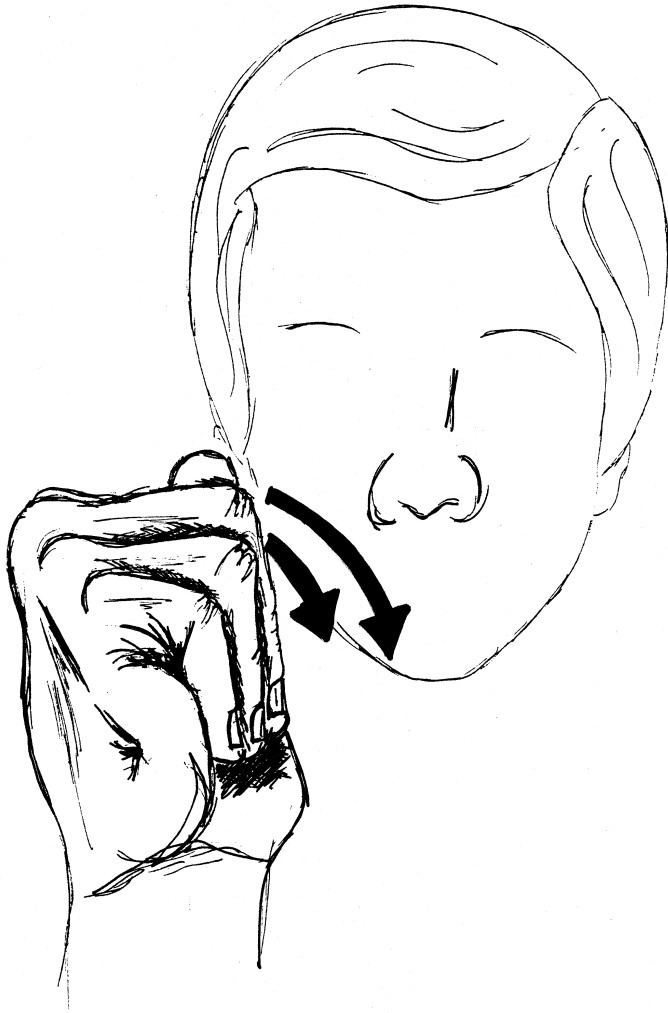
*Give us this day*



## Give—

Hands clasped, palms up; move forward and open as in giving something to someone.

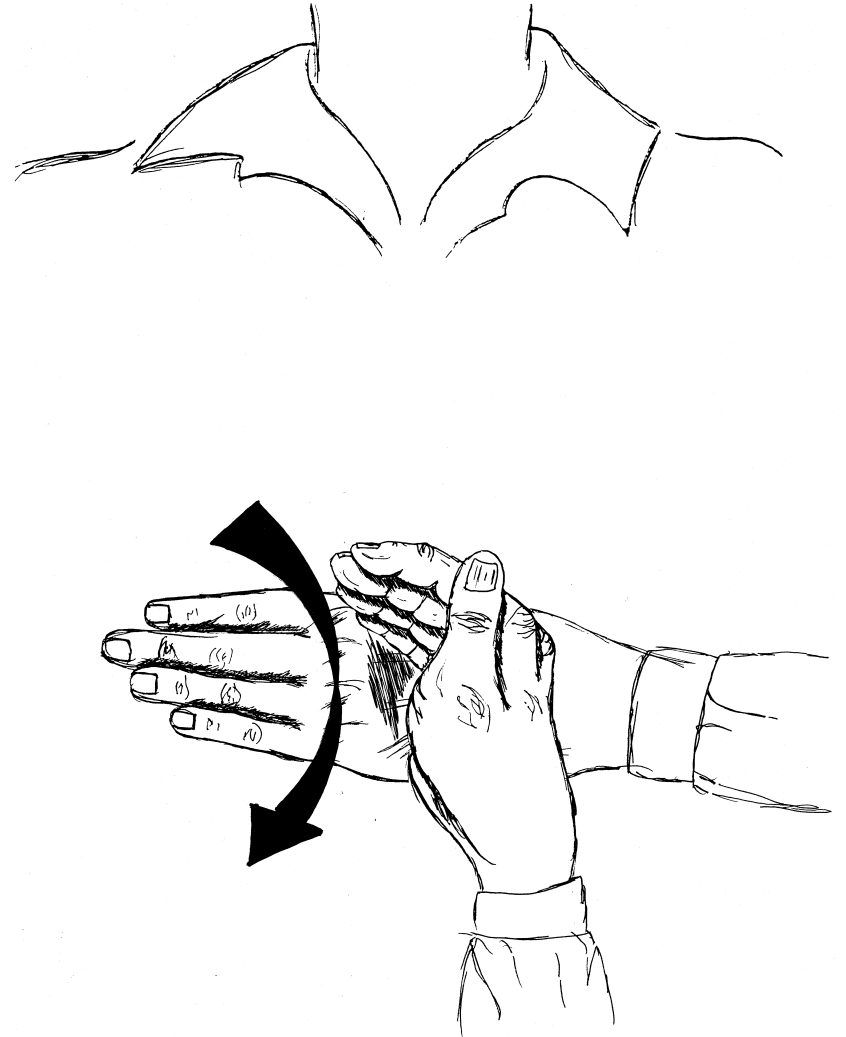
*our daily*



## Daily—

Right hand clasped, thumb strokes right cheek.

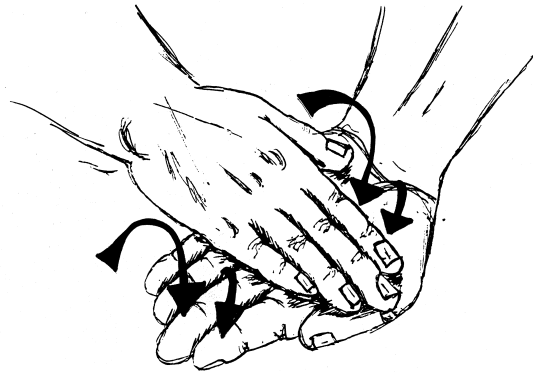
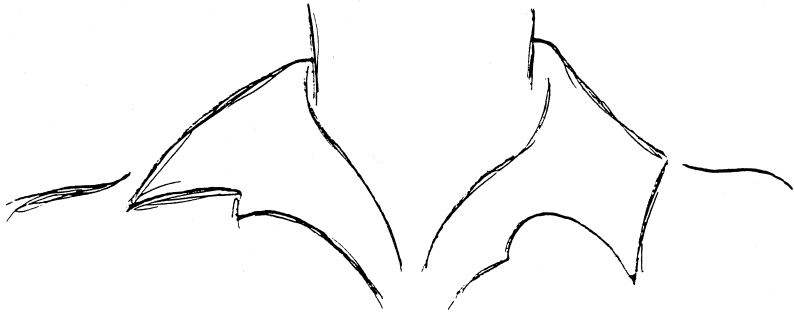
*bread;*



## Bread—

Left hand, fingers extended, palm facing down; little finger edge of right hand move on back of left hand as though slicing bread.

*and forgive us*



## **Forgive—**

Brush the fingertips of the right downturned hand across the left upturned hand. Repeat the movement.

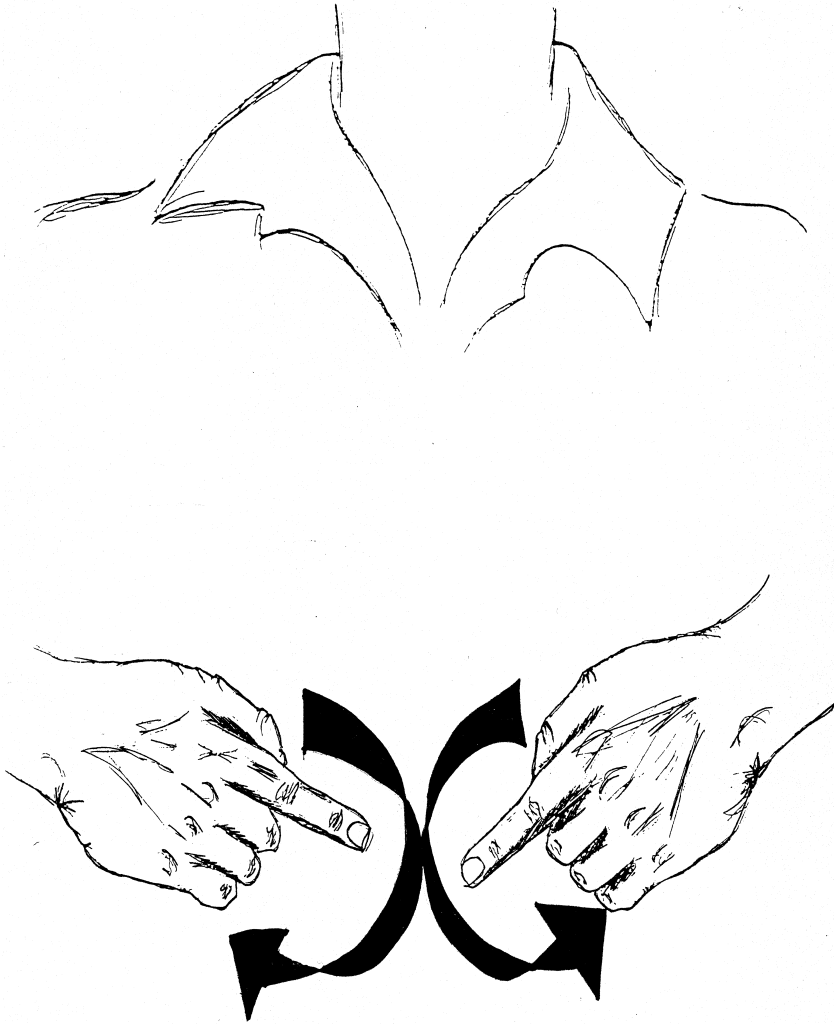
*our*



## **Our—**

With right hand at shoulder level, thumb against body, circle hand to the left shoulder until little finger edge touches body at the left shoulder level.

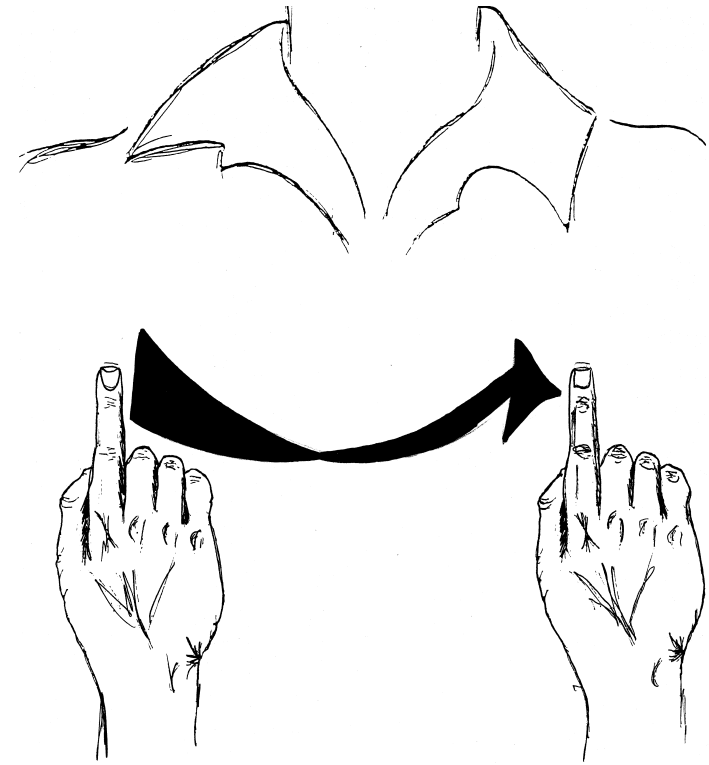
*trespasses,*



## **Trespasses (sin)–**

Both index fingers extended toward each other in front of body, move in circular motions toward and away from each other. Repeat this motion.

*as we forgive those  
who trespass against us;*



## **We–**

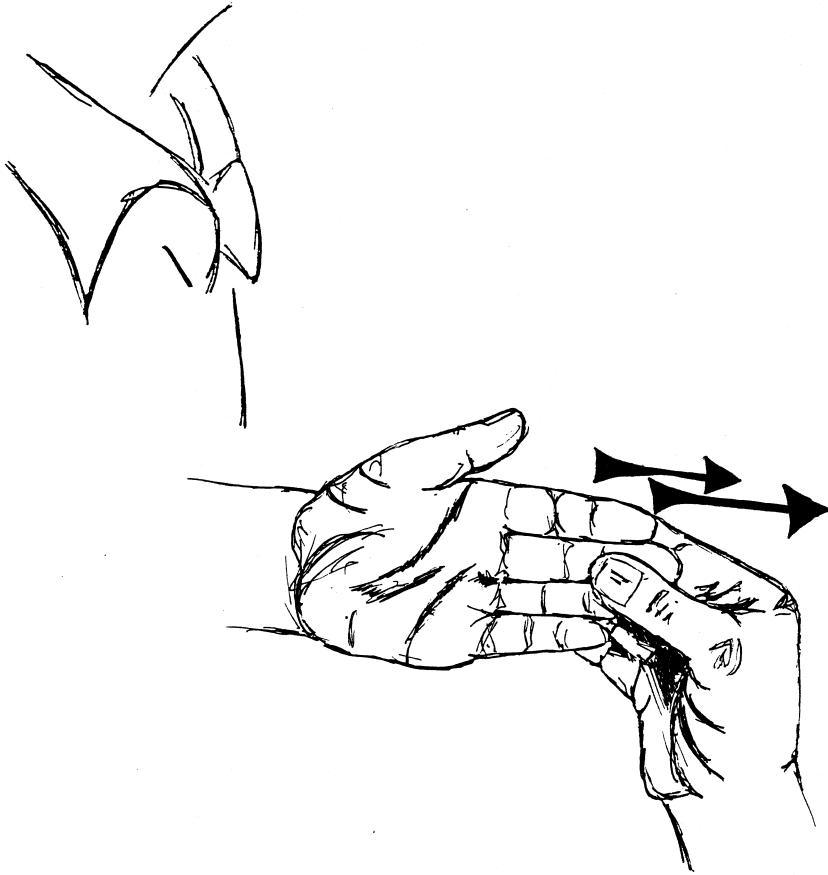
### **We (Forgive)**

Index finger of the right hand extended at right shoulder, move from right shoulder to left shoulder keeping palm toward body.



**Forgive**–Brush the fingertips of the right downturned hand across the left upturned hand. Repeat the movement.

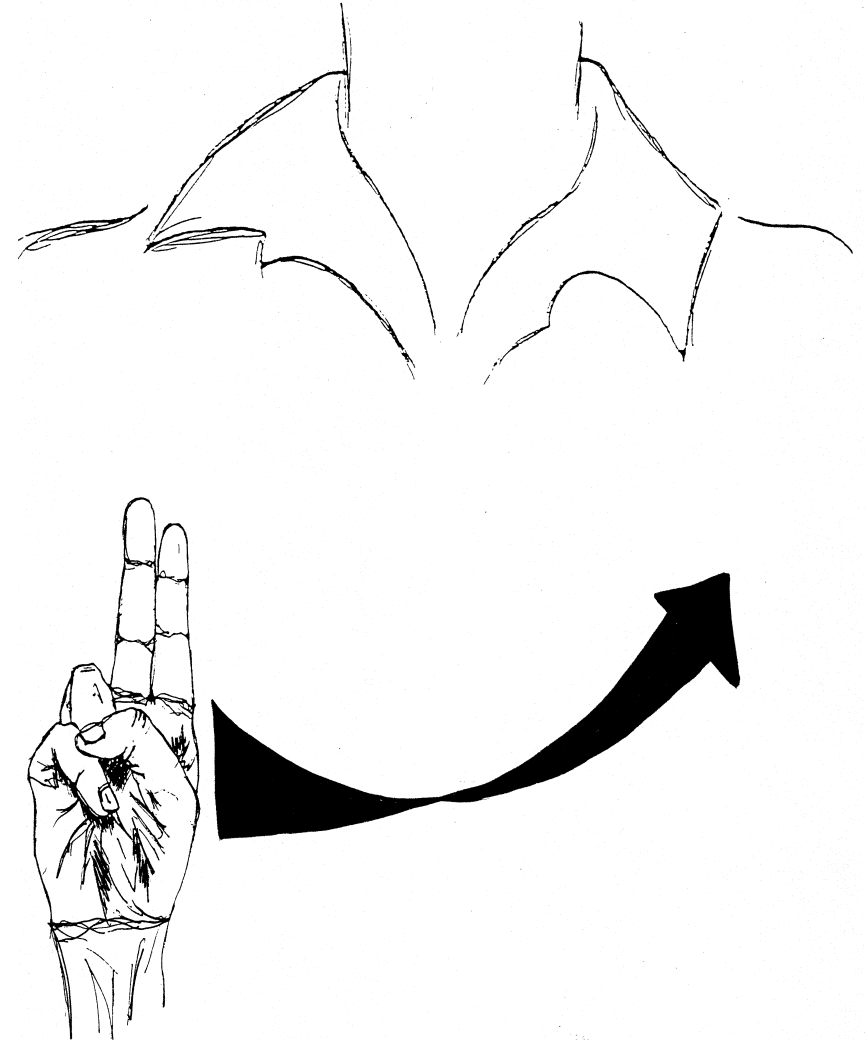
*and lead*



## Lead—

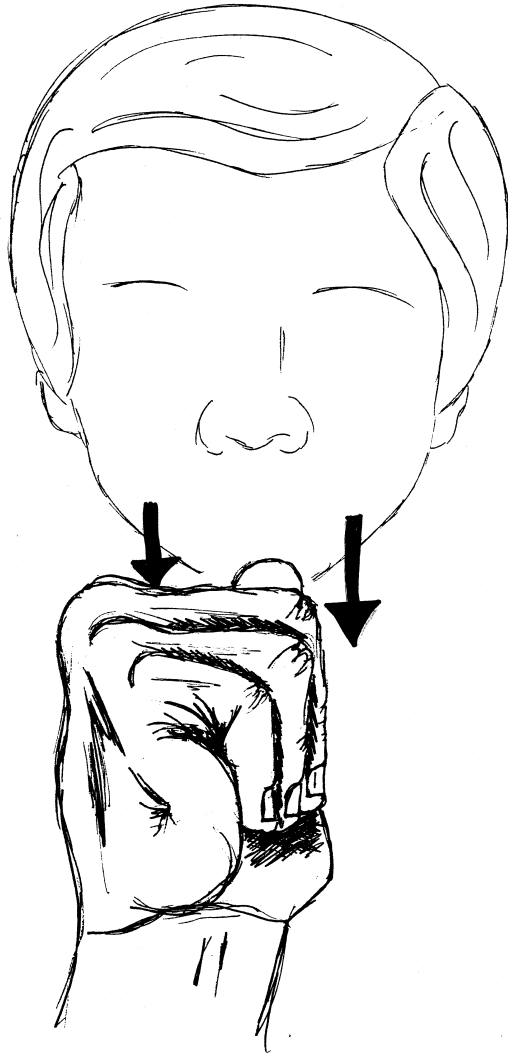
Grasp the open left hand at base of fingers with fingertips and thumb of right hand and pull forward.

*us*

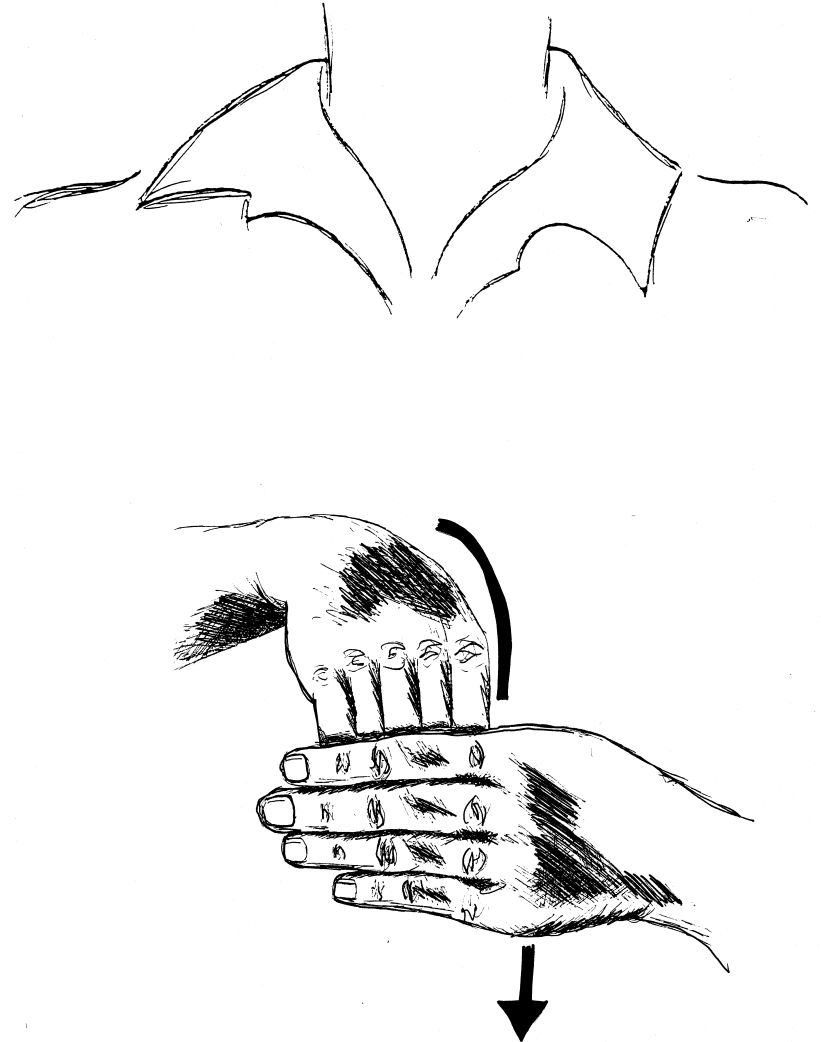


## Us—

Right hand by right shoulder, index and middle fingers extended, palm facing out, move to left shoulder turning palm to shoulder.

*not***Not—**

Place thumb of clasped right hand under chin and pull forward.

*into***Into—**

Slide extended fingers of right hand behind left hand between thumb and fingers.

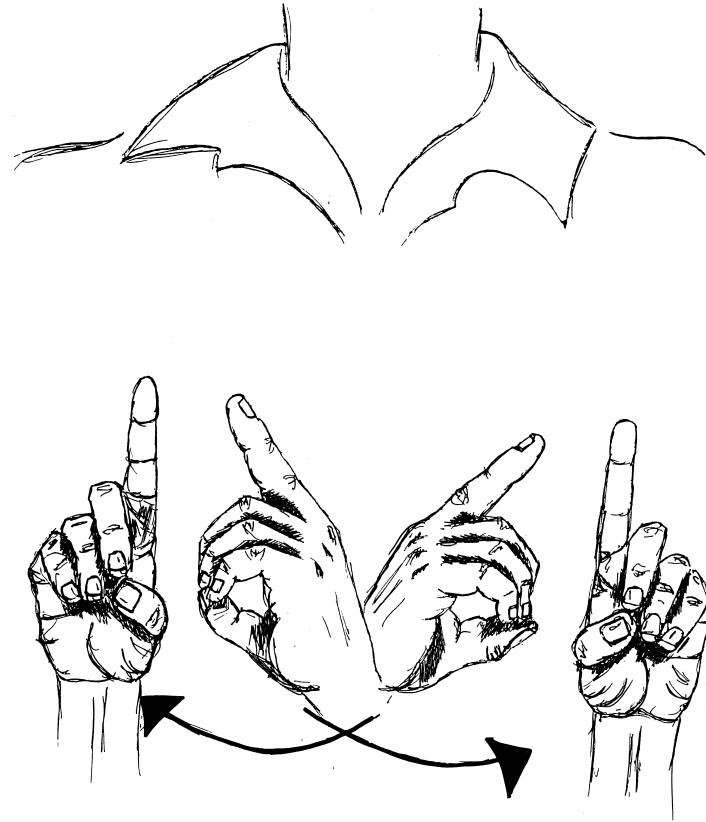
*temptation,*



### **Temptation—**

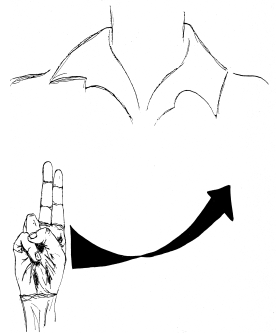
Tap elbow of bent left arm with index finger of right hand.

*but deliver us*

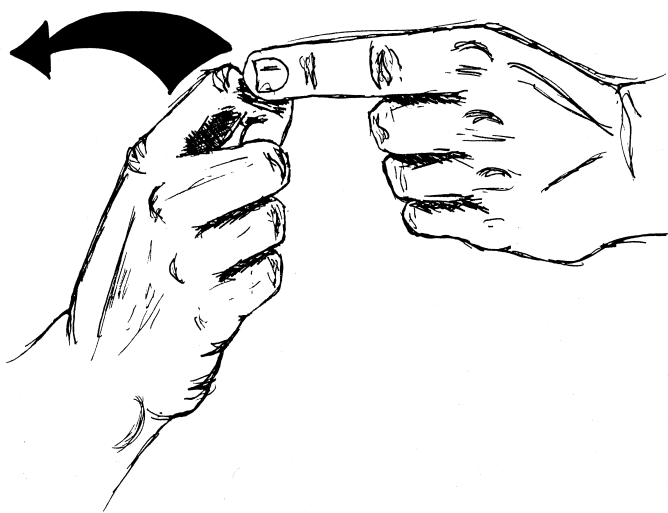
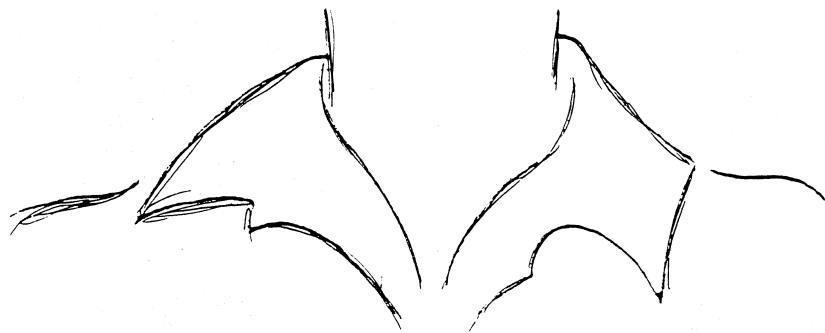


### **Deliver—**

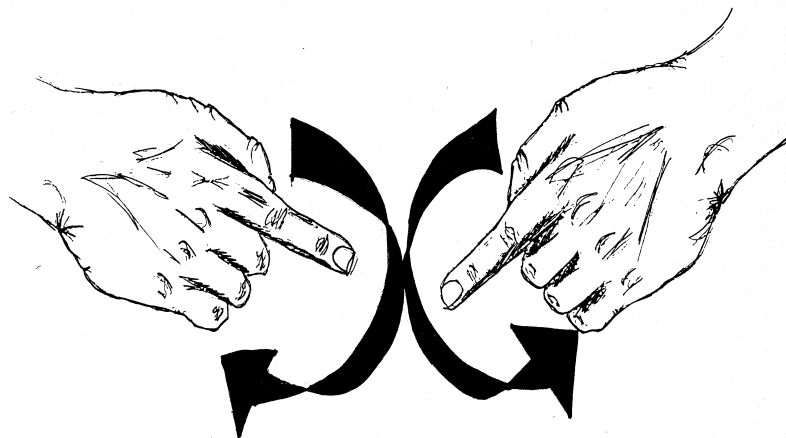
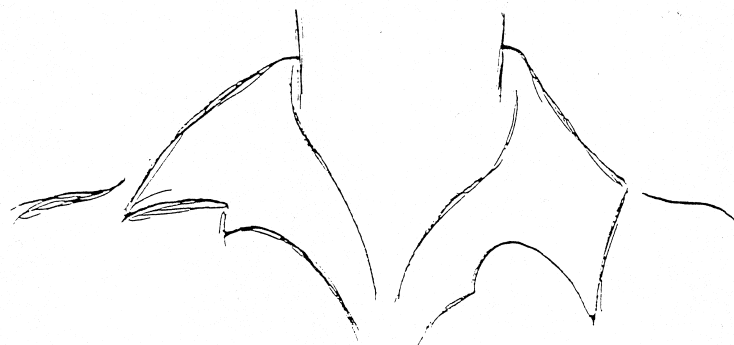
Both hands closed with index finger extended, cross arms in front of chest, index finger near chest, bring hands to side (right to right and left to left) palms facing out, in front of shoulders.



**Us—**Right hand in front of right shoulder, index and middle fingers extended, palm facing out, move to left shoulder turning palm to shoulder.

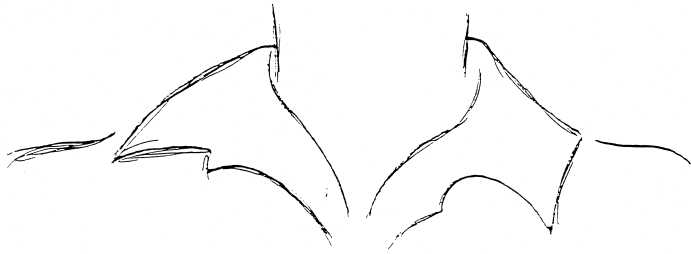
*from***From—**

Point left index finger to the right, place right index finger against left and pull toward you.

*evil.***Evil (sin)—**

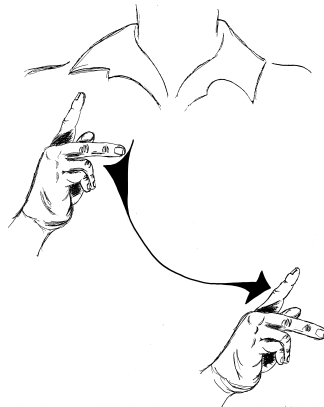
Both index fingers extended toward each other in front of body, move in circular motions toward and away from each other. Repeat this motion.

*For thine is the kingdom,*



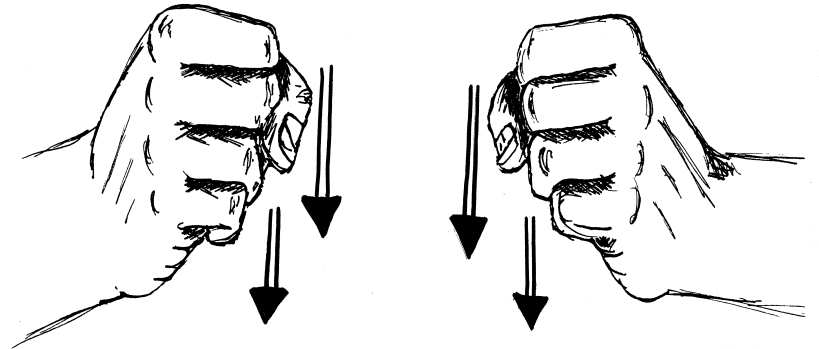
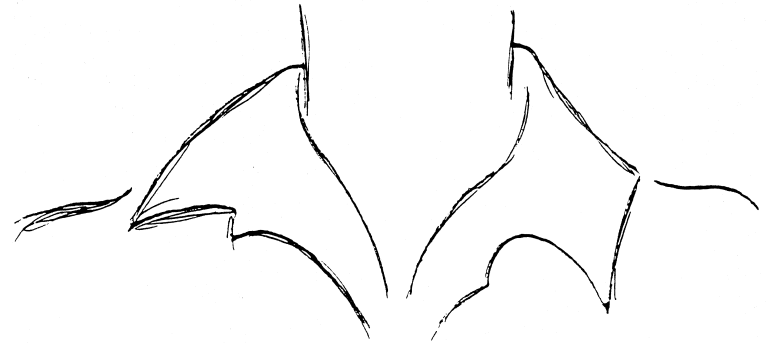
**Thine—**

Right hand, shoulder level, open with palm out.



**(Kingdom)** (Right hand in "K" position; move from right shoulder to waist level.)

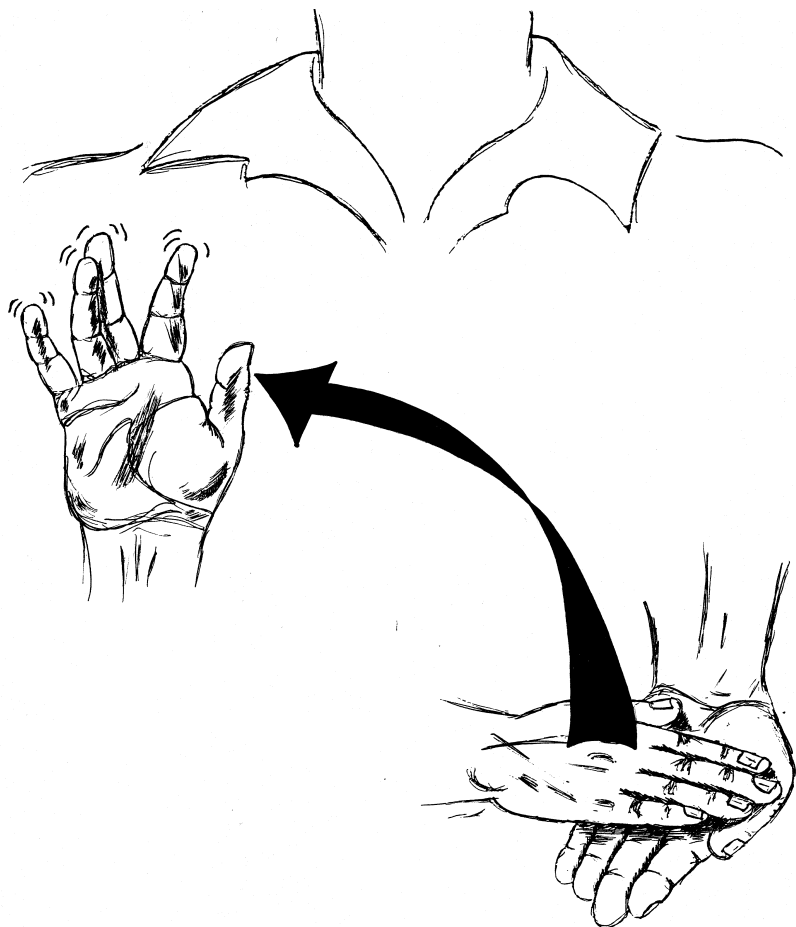
*and the power,*



**Power—**

Both hands closed moving in a downward position, repeat movement.

*and the glory,*



## **Glory—**

Right hand open palm across the left hand open palm, lift right hand to right shoulder level, fingers spread, wiggling the fingers as the hand moves.

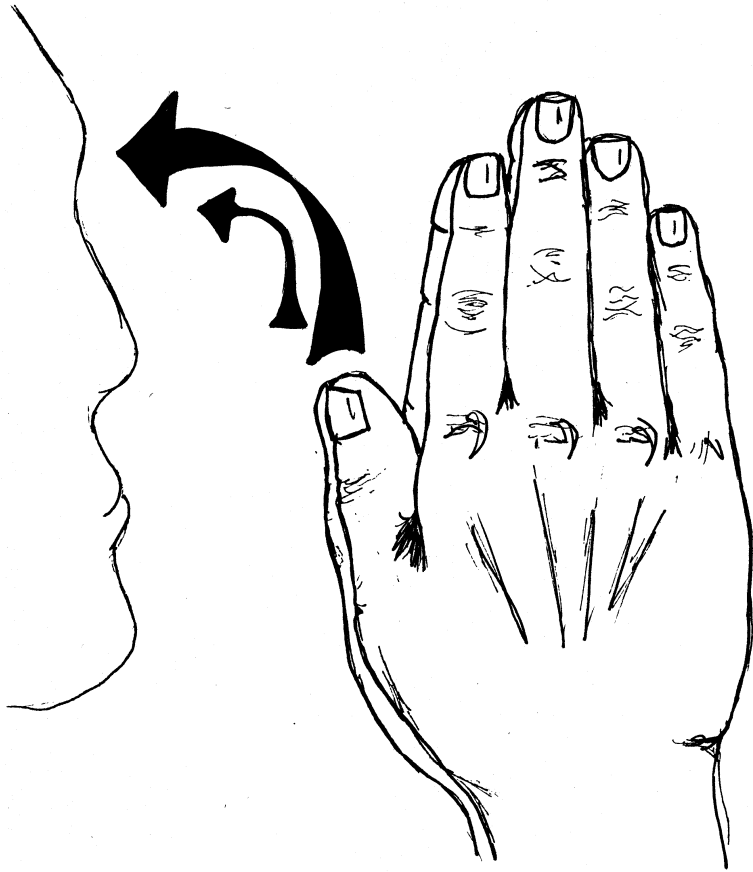
*forever and ever.*



## **Forever—**

Right hand, at chest level in “Y” position (little finger and thumb extended), circle to right then forward with palm down.

*Amen.*



**Amen.**

Hands palm to palm, draw toward body as head is bowed slightly.